

## **Itinerary for Desolation Backpacking Trip** July 22- July 28 2018



Hello Wilderness Trippers and welcome to a potential view of future life on the trail. Below is a sample itinerary in the area in which we are hiking. This is a guide and is no means set in stone. Since we are equipped with a Satellite Phone and a SPOT communication device our plans are flexible. We can decide to layover for a day at a beautiful spot and climb a peak or swim in an Alpine Lake. The sky is the limit. As we sleep under it every evening our collective dreams and goals will guide our days.

### **Sunday 7/22**

- 3:00pm-Arrive at Camp Augusta for introductions.
- 3:30pm-Swim test, team building games
- 4:00pm-Learn about pack packing and safety. Divide food and group gear
- 6:00pm-Dinner
- 7:00pm-Opening campfire
- 9:00pm-Embers
- 9:45pm-Get ready for bed
- 10:00pm-Lights out

### **Monday 7/23**

- 7:30am-Special Wake Up at camp
- 8:00am-Breakfast
- 9:00am-Pack the last of our foods, pack the car, and hit the road.
- 11:30am-Arrive at Trailhead
  - Trail Safety, Blister Prevention, Trail Games, Adventure Begins!
- 12:30pm-Lunch at Echo Lakes
- 4:30pm-Arrive at Lake of the Woods to Set up Camp for the evening (4.5 miles)
- 5:00pm-Minfulness time\*

5:30pm-Dinner crew assemble  
6:00pm-Dinner  
6:45pm-Clean up dinner  
7:15pm-Embers  
8:00pm- Get ready for bed, brush teeth, hang the bear hang  
8:45-Star gazing  
9:00pm-Snoozing



### **Tuesday 7/24**

7:00am-Special Wake Up  
8:00am-Breakfast  
9:00am-Ground school- helmet, harness safety, knot tying  
10:00am-Climbing at Lake of the Woods  
12:00pm-Lunch  
1:00pm-Climbing at Lake of the Woods  
4:00pm-Swimming/exploring of the area  
5:00pm- Mindfulness time\*

5:30pm-Dinner crew prep for dinner  
6:00pm-Dinner  
6:45pm-Clean up dinner  
7:30pm-Embers  
8:30pm-Get ready for bed, brush teeth, hang the bear hang  
9:00pm-Star gazing and snoozing

### **Wednesday 7/25**

7:00am-Special Wake Up  
7:30am-Breakfast  
9:00am-Climbing  
12:00pm-Enjoy a well-earned lunch

1:00pm-Get any more technical climbing in  
3:00pm-Free time for swimming, hiking, rock skipping  
5:00pm-Mindfulness time\*  
5:30pm-Dinner Crew gets to work  
6:00pm-Dinner  
7:30pm-Embers  
8:30pm-Get ready for bed, brush teeth, hang the bear hang  
9:00pm-Rest in Under the Stars



### **Thursday 7/26**

7:00am- Special Wake Up  
7:30am-Breakfast and pack up camp  
8:00am-Hike to Pyramid Peak and potentially summit (9,984ft)  
12:00pm- Lunch  
1:00pm- Free time for swimming, hiking, games  
4:00pm-Mindfulness time  
5:30pm-Dinner crew prepares dinner

6:30pm-Dinner  
7:00pm-Clean up dinner  
7:45pm-Embers  
8:45pm- Get ready for bed, brush teeth, hang the bear hang  
9:00pm-Hittin the Sack

### **Friday 7/27**

6:30am-Special Wake Up  
7:00am-Breakfast and break camp  
8:00am-Hike back past Echo Lakes

12:00pm-Arrive at car and drive back to Camp Augusta

2:00pm-Arrive at Augusta.

2:30pm-Return group gear, shower, eat

3:50pm-Camp Augusta Clinics.

-Campers get a chance to experience the fun activities at Camp Augusta.

6:00pm-Dinner

7:00pm-Camp Augusta Closing Campfire.

7:30pm-Wilderness trips closing activities. Wood Cookies.

9:00pm- Get ready for bed

9:30pm-Hittin the hay

### **Saturday 7/28**

7:30am-Special Wake up at Camp Augusta

8:00am-Breakfast

9:00am-Camper Pickup

\*Mindfulness Time- What does that look like? Yoga, meditation, mindful walk, body/mind check in, journal time, breathing exercises, observation time